**Wayne Aging at Home**

Committee Meeting Minutes December 12, 2022

Location: AAH Center - Wayne Community Church

**Members present:**

Pam Chenea, Stan Davis, Jane Davis, Stephanie Merrill, Patricia Ender, Cindy Gyorgy (by phone).

**Grants:**

Maine Community Foundation grant applications will be due in February. Discussion was held on whether we will apply for money to purchase adaptive equipment or fund home modifications. Pam will seek input from the community. It was noted that Alpha One lends out equipment such as portable ramps, and the VA will help veterans with such needs. Also, AARP might be an alternate source of grant money for such projects.

**Activities:**

* Randy Knee will return on January 10th to talk about antiques.
* Someone suggested that Stan do a workshop on learning useful technology. He feels that individual help is probably more effective, and will continue to offer that.
* It might be a good idea to repeat, on a yearly basis, a program outlining practical tips for online safety and ways to avoid scams.
* Stan offered to lead a series of workshops which would use improv games to build problem solving skills.
* Stan offered to organize a monthly music event, if there is enough interest.
* Peter Emery might consider doing a nature talk.
* Dawna Gardner would lead a workshop on creating a personal journal/calendar.
* The monthly group for those grieving the loss of a loved one had its first meeting, and will be continuing.
* We could consider funding some respite care.
* We could offer people bright light bulbs as a safety measure, along with the street numbers we currently offer.
* Pam is planning to restart monthly luncheons.

**Miscellany:**

* The bags AAH offered to shoppers at the Holiday Stroll were appreciated.
* Pam will convene a meeting of those who deliver meals for the Winthrop Meal Kitchen to discuss that program.
* Someone in town has offered storage space for equipment to loan out. A hospital bed is currently available.

**Next meeting:**

Monday, January 23, 2023 at 4 pm.

Respectfully submitted,

Jane Davis, Secretary